# PACKING LIST & DRESS REQUIREMENTS

**Pre-College Program**, Summer 2018

## BEDDING
- ___ Set of Standard Twin Bed Sheets
- ___ Bedspread/Comforter
- ___ Mattress Pad (Optional)
- ___ Pillows/Pillowcase
- ___ Throw Blanket (Optional)

## LAUNDRY *(Available at No Cost)*
- ___ Laundry Basket/Bag
- ___ Laundry Detergent
- ___ Fabric Softener
- ___ Stain Remover (Optional)
- ___ Lint Brush (Optional)

## CLOTHING
- ___ T-Shirts
- ___ Long Sleeve T-Shirts
- ___ Pants (Jeans, Leggings, etc.)
- ___ Shorts/Skirts
- ___ Sweatshirts
- ___ Sweatpants
- ___ Rain Coat
- ___ Workout Clothing
- ___ Pajamas
- ___ Slippers (Optional)
- ___ Flip Flops
- ___ Sneakers
- ___ Flat Shoes (Optional)
- ___ Sandals (Optional)

**NOTE:** All students must have at least one (1) business casual outfit *(dress shirt/blouse, collared shirt/button-down shirt, slacks/khakis/trousers, long skirts, dresses, tie, dress shoes, loafers, etc.)*.

**Introduction to Nursing:** All students in the Introduction to Nursing course MUST have appropriate hospital attire for clinical observations, including white scrubs (available at Walmart) or white pants (NOT jeans), white sneakers and the program shirt which you will receive upon arrival.

**Winthrop Summer Science Institute:** All students in the Winthrop Summer Science Institute MUST have closed-toe, comfortable sneakers when visiting the hospital (every day). When in lab settings, students must wear closed-toe shoes and be covered from neck to ankles and wrists.
PACKING LIST CONTINUED
Pre-College Program, Summer 2018

TOILETRIES/BATHROOM ITEMS
___ Body Wash/Soap
___ Shampoo/Conditioner
___ Face Wash
___ Deodorant/Antiperspirant
___ Bath and Pool Towels
___ Wash Cloths/Loofahs
___ Toothbrush/Toothpaste/Floss
___ Lotion (Optional)
___ Hair Products (Optional)
___ Hair Styling Tools (Optional)
___ Contacts and Lens Solution
___ Eyeglasses and Case
___ Sunglasses and Case
___ Sunscreen

TECHNOLOGY
___ Cell Phone and Charger
___ Laptop and Charger
___ iPad/Tablet and Charger (Optional)
___ Camera
___ Alarm Clock (Optional)

FOOD
___ Refillable Water Bottle
___ Granola Bars (Optional)
___ Cereal/Instant Oatmeal (Optional)
___ Snacks
___ Microwaveable Meals (Optional)

MEDICAL/FIRST AID
___ Necessary Medications/Prescriptions
___ Aloe Lotion
___ Band-Aids
___ First Aid Kit (Optional)
___ Hot and Cold Packs (Optional)
___ Antibacterial Hand Sanitizer
___ Tylenol/Advil
___ Feminine Products

ROOM ITEMS/MISCELLANEOUS
___ Clothes Hangers
___ Umbrella
___ Backpack
___ Gym Bag (Optional)
___ Money (Suggested Amount: $100)