Adelphi-Winthrop Summer Science Institute
Arrival/Departure Information 2015 SESSION 2

Opening Day:

**When do I arrive?:** Monday, July 27, 2015, 7:30am-8:00am (all students must arrive on campus by 8:00am)

**Where do I meet?:** Adelphi University Performing Arts Center

**Emergency Phone:** If anything unexpected should occur (late flight, stuck in traffic, etc...), please call 516.877.3410

Closing Day:

**When should I be picked up?:** Friday, July 31, 2015, 2:30pm

*On the closing day, we will be hosting a breakfast reception starting promptly at 9am. ALL PARENTS AND GUESTS ARE WELCOME.*

**From where should I be picked up?:** Students will be picked up from Angello Alumni House.

**If arriving by car:**

**From Upstate New York**
Take the New York State Thruway to the Tappan Zee Bridge (toward New England). After crossing the bridge, continue to I-287 east and follow signs for I-95 south. Take 295 to the Throgs Neck Bridge. Go over the Throgs Neck Bridge, bearing right, and exit onto the Cross Island Parkway - Eastern Long Island. Take the Cross Island Parkway to the Long Island Expressway (Route 495) - Eastern Long Island. From there, follow the L.I.E. (East) directions below.

**From New England**
Take either I-91 south to I-95 in New Haven, or I-684 south to I-287 east (toward New England) to I-95 south. Depending on where you get on I-95, you may travel through Massachusetts, Rhode Island, Connecticut, and New York's Westchester and Bronx counties. Remain on I-95 and follow signs for I-295 (Throgs Neck Bridge, Eastern Long Island). Go over the Throgs Neck Bridge, bearing right, and exit onto the Cross Island Parkway - Eastern Long Island. Take the Cross Island Parkway to the Long Island Expressway (Route 495) - Eastern Long Island. From there, follow the L.I.E. (East) directions below.

**From Pennsylvania**
Go east on the Pennsylvania Turnpike to the New Jersey Turnpike north. Take I-95 north (New Jersey Turnpike) to Exit 13 (Goethals Bridge). After crossing the bridge, continue on the Staten Island Expressway to the Verrazano Bridge. Go over the bridge and get on the Belt Parkway (toward Kennedy Airport). Take the Belt Parkway to the Southern State Parkway. See the Southern State directions below.

**From Northern New Jersey**
Take I-80 East to the George Washington Bridge. Continue on I-80 East to the Cross Bronx Expressway, following the signs to the Throgs Neck Bridge. Go over the bridge, bearing right, and exit onto the Cross Island Parkway - Eastern Long Island. Take the Cross Island Parkway to the Long Island Expressway (Route 495) - Eastern Long Island. From there, follow the L.I.E. (East) directions below.
From Southern New Jersey and Points South
Take I-95 north (New Jersey Turnpike) to Exit 13 (Goethals Bridge). After crossing the bridge, continue on the Staten Island Expressway to the Verrazano Bridge. Go over the bridge and get on the Belt Parkway (toward Kennedy Airport). Take the Belt Parkway to the Southern State Parkway. From there, follow the Southern State (East) directions below.

Via the Long Island Expressway (Route 495)

Traveling east
Take the L.I.E. to Exit 34 South or the Northern State Parkway to Exit 26 South (New Hyde Park Road). Turn right onto New Hyde Park Road. Continue south on New Hyde Park Road for approximately 3 miles. Turn left onto Stewart Avenue. At the fourth light, turn right onto Nassau Boulevard. Continue approximately for a quarter of a mile. At the first light (as soon as you cross over the railroad tracks), make a left onto South Avenue. The entrance to campus will be on your right.

Traveling west
Take the L.I.E. to Exit 39 South or the Northern State Parkway to Exit 31 (Glen Cove Road). Go south. (Note: the road will change from Guinea Woods Road to Glen Cove Road to Clinton Road). Turn right onto Stewart Avenue. Go one mile and at T-junction turn left onto Hilton Avenue. Immediately after crossing the railroad tracks, turn right onto Sixth Street. Continue onto South Avenue. The entrance to campus will be on your left.

Via the Northern State Parkway

Traveling east
Take the Northern Parkway to Exit 26 South (New Hyde Park Road). Turn right onto New Hyde Park Road. Continue south on New Hyde Park Road for three miles. Turn left onto Stewart Avenue. At the fourth light, turn right onto Nassau Boulevard. Continue approximately for a quarter of a mile. At the first light (as soon as you cross over the railroad tracks), make a left onto South Avenue. The entrance to campus will be on your right.

Traveling west
Take the Northern Parkway to Exit 31 South (Glen Cove Road). Continue south on Glen Cove Road (which turns into Clinton Road) for 2.3 miles. Turn right onto Stewart Avenue. Go one mile and turn left onto Hilton Avenue. Turn right onto Sixth Street (immediately after crossing the railroad tracks). Continue onto South Avenue. The entrance to campus will be on your left.

Via the Southern State Parkway
Take the Southern Parkway to Exit 17 North (Hempstead Avenue). Continue on Hempstead Avenue traveling north. Make a left at the second traffic light (Nassau Boulevard). Continue north for approximately two miles to the ninth traffic light. Make a right turn onto South Avenue. The entrance to campus will be on your right.

Via Hempstead Turnpike
Turn onto Nassau Boulevard traveling north (right turn if coming from the east; left turn if coming from the west). Make a right turn onto South Avenue. The entrance to campus will be on your right.

Via Old Country Road
Turn onto Franklin Avenue traveling south (left turn if coming from the east; right turn if coming from the west). Make a right turn onto Sixth Street. Continue onto South Avenue. The entrance to campus will be on your left.